

*St Stephen's Church, Canterbury*

# **The Holy Eucharist**



**in Lent**



## Welcome to our worship at St Stephen's today

*This booklet contains the Order for Holy Communion according to Common Worship in Lent. Lent is a season of self-examination, self-denial (fasting), study and spiritual preparation for Easter. It begins on Ash Wednesday and lasts for 40 days, which reflects the 40 days that Jesus spent in the wilderness.*



An induction loop system for the hard of hearing is installed in our Church. Hearing aid users should adjust their aid to 'T'



Large print orders of service are available from the sidespersons. Please ask.



Toilet facilities are available in the Church Hall. Please ask a Sidesperson for directions.



## The Gathering

*On Sunday and Festivals we STAND to sing a HYMN.*

## The Greeting

*The president says*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

*All* **Amen.**

The Lord be with you.

*All* **And also with you.**

*Words of welcome or introduction may be said.*

## The Summary of the Law

Our Lord Jesus Christ said:

The first commandment is this:

‘Hear, O Israel, the Lord our God is the only Lord.  
You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.’

The second is this: ‘Love your neighbour as yourself.’

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

*All* **Amen. Lord have mercy.**

# Prayers of Penitence

A minister introduces the prayers of penitence in these, or other suitable words.  
On Sundays, the Kyrie eleison (Lord, have mercy) may be sung.

*In Lent*

Compassion and forgiveness belong to the Lord our God,  
Though we have rebelled against him.  
Let us then renounce our willfulness and ask his mercy  
By confessing our sins in penitence and faith.

*In Passiontide*

God shows his love for us  
in that, while we were still sinners, Christ died for us.  
Let us then show our love for him  
by confessing our sins in penitence and faith.

Wash me thoroughly from my wickedness  
and cleanse me from my sin:

All Lord, have mercy. (or) Kyrie eleison  
**Lord, have mercy. Kyrie eleison**

Make me a clean heart, O God,  
and renew a right spirit within me:

All Christ, have mercy. (or) Christe eleison  
**Christ, have mercy. Christe eleison**

Cast me not away from your presence  
and take not your holy spirit from me:

All Lord, have mercy. (or) Kyrie eleison  
**Lord, have mercy. Kyrie eleison**

Almighty God, who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

All **Amen.**

# The Collect

*The president introduces a period of silent prayer with the words 'Let us pray'.*

*The Collect is said, and all respond*

All **Amen.**

*We SIT for the readings.*



## *The Liturgy of the Word*

*One or two readings from Scripture follow.*

*At the end of each the reader says*

This is the word of the Lord.

All **Thanks be to God.**

*We stand to sing a HYMN on Sundays.*

We remain *STANDING* for the Gospel Reading.

## Gospel Reading

*In Lent*

Praise to you, O Christ, King of eternal glory.  
The Lord is a great God, O that today you would listen to his voice.  
Harden not your hearts.

*cf Psalm 95.3,8*

*All* **Praise to you, O Christ, King of eternal glory.**

*In Passiontide*

Praise to you, O Christ, King of eternal glory.  
Christ humbled himself and became obedient unto death,  
even death on a cross.  
Therefore God has highly exalted him  
and given him the name that is above every name.

*Philippians 2.8,9*

*All* **Praise to you, O Christ, King of eternal glory.**

*All* Hear the Gospel of our Lord Jesus Christ according to N.  
**Glory to you, O Lord.**

*At the end the reader says*

*All* This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## Sermon

## The Creed

All

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

# Prayers of Intercession

We *SIT* or *KNEEL* for the prayers.

*The following responses may be used*

All Lord, in your mercy  
**hear our prayer.**

*(or)*

All Lord, hear us  
**Lord graciously hear us.**

*And at the end*

All Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**





# The Liturgy of the Sacrament

## The Peace

We *STAND*.

*The president introduces the Peace with these or other suitable words.*

Christ is our peace.  
He has reconciled us to God  
in one body by the cross.  
We meet in his name and share his peace.

*All* The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

*On Sundays a HYMN is sung.*

## Preparation of the Table Taking of the Bread and Wine

*The gifts of the people are gathered and presented.  
The altar is prepared; the bread and wine are placed upon it.*

*The president takes the bread and wine and says*

Blessed are you, Lord God of all creation:  
through your goodness we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

*All*      **Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

*All*      **Blessed be God for ever.**

# The Eucharistic Prayer

(Prayer A)

The Lord is here.

All **His Spirit is with us.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

*In Lent*

And now we give you thanks  
because each year you give us this joyful season  
when we prepare to celebrate the paschal mystery  
with mind and heart renewed.

You give us a spirit of loving reverence for you  
and of willing service to our neighbour.

As we recall the saving acts that give new life in Christ,  
you bring the image of your Son to perfection within our hearts.

*In Passiontide*

And now we give you thanks  
because, for our salvation,  
he was obedient even to death on the cross.  
The tree of shame was made the tree of glory;  
and where life was lost, there life has been restored.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *saying*:

All **Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his command,  
grant that by the power of your Holy Spirit  
these gifts of bread and wine  
may be to us his body and his blood;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Therefore, heavenly Father,  
we remember his offering of himself  
made once for all upon the cross;  
we proclaim his mighty resurrection and glorious ascension;  
we look for the coming of your kingdom,  
and with this bread and this cup  
we make the memorial of Christ your Son our Lord.

Jesus Christ is Lord:

*All* **Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

Accept through him, our great high priest,  
this our sacrifice of thanks and praise,  
and as we eat and drink these holy gifts  
in the presence of your divine majesty,  
renew us by your Spirit,  
inspire us with your love  
and unite us in the body of your Son,  
Jesus Christ our Lord.

Through him, and with him, and in him,  
in the unity of the Holy Spirit,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty,  
in songs of everlasting praise:

*All* **Blessing and honour and glory and power  
be yours for ever and ever.  
Amen.**

*We SIT or KNEEL and silence is kept.*

## **The Lord's Prayer**

*All* As our Saviour taught us, so we pray  
**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

*All* We break this bread to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

*All*     **Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

*(or)*

**Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**

## **Giving of Communion**

*The president says the following or another invitation to communion.*

Jesus is the Lamb of God who takes away the sin of the world.  
Blessed are those who are called to his supper.

*All*     **Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The president and people receive communion.*

*During communion a HYMN may be sung.*

*The choir may sing an anthem.*

# Prayer after Communion

*Silence is kept.*

*The president says the post communion prayer.*

*We then pray together*

**All**     **Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen.**



## The Dismissal

*The president says one of these or another blessing.*

*In Lent*

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

All **Amen.**

*In Passiontide*

Christ crucified draw you to himself,  
to find in him a sure ground for faith,  
a firm support for hope,  
and the assurance of sins forgiven;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

All **Amen.**

*Notices may be given here.*

*We STAND to sing the final HYMN.*

*A minister says*

Go in the peace of Christ.

All **Thanks be to God.**

*On Sunday and Wednesday mornings, refreshments are available after the service in the Church Hall; please do join us.*