

Cape Wrath to Durness Durness A838 A 894	(minor road to e of M74) to Uddington,	Wickersley	Old Weston,
Scourie	Abington	Thurcroft	Catworth,
Ledmore a 837	Battock	Brampton en le Morton	Kimbolton,
Ullapool a 835	Lockerbie	Todwick,	Pertenhall,
Braemore	Kirkpatrick	Kiverton Park,	little slaughton,
Garve a 832	Springfield	Harthill,	colmworth,
Muir of Ord a833	Longtown	Clowne	wilden,
Drumnadrochit a 82	Carlisle	Elmton,	great barford,
Fort Augustus	Lazonby, B6412,	Netherlandwith	blunham,
Fort William	Great Salkhead,	Shirebrook,	hatch,
Tyndrum	Lang waltby,	Mansfield	upper caldecote,
Crianlarich a85	Culgarth,	Bildworth	broom holme
Bridge of Orchy	Newbiggen	Calverton,	B659,
Lochearnhead a84	Kirby Thorpe,	Woodborough	Langford,
Callander A81/ B882	Long Marton	Loudham	henlow,
Thornhill	Brampton,	Gunthorpe	stotford
Kippen	Appleby in Westmoreland	Shelford,	Baldock,
Flintry B822	Little Ormside,	Cropwell Butler,	Halls green,
Lennoxtown,	Soulby	Tithby,	Rushden, walkern
A891 Milton of Campsie	(? Or cycle route from Carlisle via Penrith to appleby	Colton Basset,	(near Watton at stone),
B 757 Kirkintilloch B819	Kirby Stephen	Hole.	Chapmore end
Muirhead 1752	Reeth	Hoswell,	Ware
Coatbridge,	Hawes	Melton Mowbray,	Rest day London
Motherwell	Grassington	oakham,	London
Hamilton	Bolton Abbey	uppingham,	Rochester
Larkhill B7078	Leeds	Bulwick,	Broadstairs
Blackwood	Sheffield	southwick,	
Lesmahagan,	Dalton	Oundle,	
		Pilton,	
		Clopton,	